



## PATIENT SUPPORT

Dealing with a COPD or asthma diagnosis isn't easy. Having to change the way you or your loved one does things can be hard. You might feel confused and have nowhere to turn. But you don't have to go through it alone. The good news is that reliable information is available to help you.

**The following websites offer information and other support as well:**

### COPD, Asthma, and Severe Asthma Education

American Academy of Allergy, Asthma & Immunology

[www.aaaai.org](http://www.aaaai.org)

American Lung Association

[www.lungusa.com](http://www.lungusa.com)

American Thoracic Society

<http://www.thoracic.org/patients/>

Asthma and Allergy Foundation of America

[www.aafa.org](http://www.aafa.org)

Centers for Disease Control and Prevention

[www.cdc.gov/copd/index.html](http://www.cdc.gov/copd/index.html)

[www.cdc.gov/asthma](http://www.cdc.gov/asthma)

COPD Foundation

[www.copdfoundation.org](http://www.copdfoundation.org)

Global Initiative for Chronic Obstructive Lung Disease (GOLD)

<http://goldcopd.org/patients-advocacy-groups/>

Health Journey Support

<http://www.healthjourneysupport.com/respiratory>

National Heart, Lung, and Blood Institute

[www.nhlbi.nih.gov/health/health-topics/topics/copd](http://www.nhlbi.nih.gov/health/health-topics/topics/copd)

[www.nhlbi.nih.gov/health/health-topics/topics/asthma](http://www.nhlbi.nih.gov/health/health-topics/topics/asthma)

Severe Asthma Foundation

[www.severeasthmafoundation.com](http://www.severeasthmafoundation.com)

## Quit Smoking Support

American Cancer Society

<https://www.cancer.org/healthy/stay-away-from-tobacco.html>

American Lung Association

[www.lung.org/stop-smoking/](http://www.lung.org/stop-smoking/)

Centers for Disease Control and Prevention

[https://www.cdc.gov/tobacco/quit\\_smoking/](https://www.cdc.gov/tobacco/quit_smoking/)

COPD Foundation

<http://www.copdfoundation.org/What-is-COPD/Living-with-COPD/Quitting-Smoking.aspx>

National Heart, Lung, and Blood Institute

<http://www.nhlbi.nih.gov/health/health-topics/topics/smo/strategies>

## Financial Support

NeedyMeds

[www.needymeds.org/](http://www.needymeds.org/)

Partnership for Prescription Assistance

[www.pparx.org/prescription\\_assistance\\_programs/list\\_of\\_participating\\_programs](http://www.pparx.org/prescription_assistance_programs/list_of_participating_programs)

Patient Access Network Foundation (PAN)

[www.panfoundation.org/index.php/en/](http://www.panfoundation.org/index.php/en/)

## Legal Issues

Americans with Disabilities Act

[www.ada.gov/](http://www.ada.gov/)

COPD.net

<https://copd.net/living/workplace-accommodations-under-the-americans-with-disabilities-act/>

Disability Rights Legal Center

<http://drlcenter.org/>

LawHelp.org

[www.lawhelp.org/](http://www.lawhelp.org/)

## Caregiver Support and Guidance

Asthma and Allergy Foundation (AAF)

<http://www.aafa.org/page/aafa-affiliated-asthma-allergy-support-groups.aspx>

Caregiver Action Network

<http://caregiveraction.org>

Caring.com

[www.caring.com/support-groups/COPD](http://www.caring.com/support-groups/COPD)

Caring Today

[www.caringtoday.com](http://www.caringtoday.com)

National Alliance for Caregiving

<http://www.caregiving.org/resources/general-caregiving/>

## Travel Outreach

Transportation Security Administration

[www.tsa.gov/travel/passenger-support](http://www.tsa.gov/travel/passenger-support)